



DOT Qualified SAP Services

We will play a significant role in helping you return-to-work by providing an initial SAP Evaluation and a follow up SAP Evaluation.

Our SAP understands the alcohol and drug regulations to these six industries:

FAA - Federal Aviation Administration
FRA - Federal Railroad Administration
FTA - Federal Transit Authority
USCG - United States Coast Guard
FMCSA - Federal Motor Carriers Safety Admin.
PHMSA - Pipeline & Hazardous Materials
Safety Administration

Please note: Evaluations performed by a non-qualified SAP will not be accepted by DOT and will delay your return to work.

Visit www.AltaCounseling.com and click on "Services" for more information.



What Our Clients Have to Say...

"My Counselor was very professional. He didn't try to sugar coat anything and explained what steps I had to take to resolve my situation. Everything he said was 100% accurate. He didn't try to judge me or make me feel like a bad person. He gave me the facts and I feel I have grown from this experience. Would recomend Al'ta to anyone."

– Anonymous

Face it, no body enjoys treatment... But these guys make the best of it, lol! Great sense of humor and they put effort into making it a good experience. Also the best prices around.

– Anonymous

Referred By:

Location:

1712 6th Ave
Tacoma, WA 98405

Monday thru Friday 9 a.m. – 5 p.m.
Saturday by Appointment

info@AltaCounseling.com

(253) 473-7586 office

(253) 590-0211 fax

www.AltaCounseling.com

Fair & Honest Assessments



Alta Counseling

We're here to help get you through this

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Alcohol/Drug Assessment

An assessment can be a scary time, our certified and professional staff is here to help put you at ease and give you a fair and honest assessment.

During the assessment process you may be given a SASSI-4 diagnostic test, you will fill out personal information paperwork and you will have a diagnostic interview with one of our staff. You will be asked some personal questions, be as honest as possible

All these tools will help determine what, if any, treatment is needed.

What to Bring:

- Breath ticket
- Police report
- Criminal history
- Driving abstract
- Photo ID

If you are self referring bring:

- Photo ID



Alcohol & Drug Information School



Alta Counseling offers state-certified and affordable Alcohol and Drug Information School (A/DIS) and Victim's Impact Panel (VIP). Our classes are stress-free, informative and non-judgmental. We offer both A/DIS and VIP on the same Saturday.

Court documentation (class completion certificate) is available the day of class.

Our 8-hour class is Washington State approved and fulfills the legal requirements established for court referred clients or for those looking for answers on their own. It is educational and focuses on decision making, as well as psychological, physiological, and legal consequences of alcohol or drug consumption and traffic safety.

Confidentiality: You must honor the confidentiality of all participants in the class.

Alta Counseling

Tacoma (253) 473-7586 • Seattle (206) 286-1319

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Deferred Prosecution

A Deferred Prosecution (DP) is a legal option to you if you have not previously used it. The DP is a 5 year program where you trade alcohol and/or drug treatment in exchange for a dismissal of your DUI.

If you are assessed and qualify, a typical Deferred Prosecution treatment program involves the following:

- Approximately twelve weeks (72 hours) of three times per week of intensive outpatient group sessions.
- 26 weeks of 1.5 hour continuing outpatient group sessions.
- Monthly 1.5 hour continuing outpatient group sessions for the remainder of the two-year treatment program.

During the two year period you will also be required to:

- Attend, at a minimum, 2 self help groups per week. Attendance will be verified.
- Random alcohol & drug screenings (UAs)

